



## Conversation Starters: High School

Dinner conversations are the perfect opportunity to instill values in your children as they enter the later tween and teen years. Appropriate topics for conversation at this stage would include current events, family matters, topics of special interest to your family (film, sports, philosophy, politics, religion), personal goals, and difficult situations.

Looking for a way to engage in conversations with your teens? Use these conversation starters for a fun way to get everyone talking.

- What's the best and worst thing that happened today?
- What values are most important to you?
- Who's the greatest athlete of all time?
- What can we each do to make the world a better place? What can we do as a family?
- What can we, as a family, do to improve our communication?
- Who's your favorite teacher (coach, role model) and why?
- What's your favorite subject in school?
- What would you do if your best friend started using marijuana (OxyContin, cocaine)?
- What three things do you want to accomplish this year?
- What do you want to be when you grow up?
- What's your favorite movie? Band/musician? Sports team?
- What do you think of last week's sermon?

For more family dinner tools, visit <http://casafamilyday.org/familyday>.

