



The Nine Facets of Parental Engagement

You can empower your children to make good choices—sensible, healthy choices—throughout their teen years. The key to this power is being engaged in your children’s lives. Children of engaged parents are far less likely to smoke, drink, or use other drugs.

The Nine Facets of Parental Engagement

1. Be there: Get involved in your children’s lives and activities.
2. Open the lines of communication and keep them wide open.
3. Set a good example: Actions are more persuasive than words.
4. Set rules and expect your children to follow them.
5. Monitor your children’s whereabouts.
6. Maintain family rituals such as eating dinner together.
7. Incorporate religious and spiritual practices into family life.
8. Get Dad engaged—and keep him engaged.
9. Engage the larger family of your children’s friends, teachers, classmates, neighbors, and community.

With these nine facets of parental engagement, you will have the tools to create a relationship that will enable you to raise your children to be healthy and substance free, poised to develop their talents to the fullest. The benefits of such a relationship reach well beyond substance-abuse prevention.

To learn more about the benefits of parental engagement, read the book!

